



# Information 2017-2018

138 ROUTE 81 KILLINGWORTH, CT 06419  
860-663-2069 EXT. 3

ADMIN@CHRISTIANACADEMYOFDANCE.ORG

## Children's Division

**CREATIVE MOVEMENT (AGES 3-4)** Creative Movement is for children three to four years of age. Creative Dance explores both the creative and physical dimensions of each child as they gain awareness of music, rhythm and movement. Classes are designed to develop strength, coordination, creative thinking, and expression. Through Classroom exercises, children refine motor skills and develop their creative process through the use of props and imagery.

**PRIMARY (AGES 5-6)** Primary Ballet is for children five to six years of age. This class provides a bridge between Creative Movement and the academy's first level of ballet. Children are introduced to the structure and discipline of a ballet class, as well as music awareness and basic ballet terminology. Pre-Ballet emphasizes creative expression through movement to music.

### DRESS CODE

#### GIRLS

Tights: Bloch T0921G Pink  
Shoes: Bloch S0205G Pink  
Creative Movement: White  
Primary: Pink  
Leotards available at:  
<http://us.firstposition.com/abt-molly-primary-a-b-c-skirted-leotard.html> and through the CAD office.

#### BOYS

Shoes: B20 White ([www.dancewearsolutions.com](http://www.dancewearsolutions.com))  
Black leggings or shorts  
White thin socks  
Fitted white t-shirt

## Student Division

The Academy's Student Division offers a program designed to take students from their first introduction to the art through a full course of ballet study. The Student Division follows a structured sequence of training stages designed to increase the student's technical skills, stamina and discipline.

### CLASS OFFERINGS

- Ballet 1 (Ages 7+): 3 classes per week - 2 Ballet, Modern
- Ballet 2 (Ages 8+): 3 classes per week - 2 Ballet, Modern
- Ballet 3 (Ages 9+): 6 classes per week - 3 Ballet, Pre-Pointe, Jazz, and Modern
- Ballet 4 (Ages 11+): 7 classes per week - 3 Ballet, 2 Pointe, Modern, Jazz
- Ballet 5 (Ages 13+): 9 classes per week - 4 Ballet, 2 Pointe, Modern, Contemporary, Conditioning
- Ballet 6 (Ages 15+): 10 classes per week - 4 Ballet, 2 Pointe/Men's Technique, Pas de Deux, Modern, Contemporary, Conditioning
- Ballet 7 (Ages 16+): 10 classes per week - 4 Ballet, 2 Pointe/Men's Technique, Pas de Deux, Modern, Contemporary, Conditioning
- Ballet 8 (Ages 16+): 10 classes per week - 4 Ballet, 2 Pointe/Men's Technique, Pas de Deux, Modern, Contemporary, Conditioning

### AHAVAH PERFORMANCE REQUIREMENTS

- Ballet 1 (Ages 7+): 1 class per week - 1 Ballet
- Ballet 2 (Ages 8+): 2 classes per week - 2 Ballet
- Ballet 3 (Ages 9+): 4 classes per week - 3 Ballet, Pre-Pointe
- Ballet 4 (Ages 11+): 6 classes per week - 3 Ballet, 2 Pointe, and Modern
- Ballet 5 (Ages 13+): 6 classes per week - 4 Ballet, Pointe, Modern
- Ballet 6 (Ages 15+): 8 classes per week - 4 Ballet, 2 Pointe/Men's Technique, Modern, Contemporary
- Ballet 7 (Ages 16+): 9 classes per week - 4 Ballet, 2 Pointe or Men's Technique, Pas de Deux, Modern, Contemporary
- Ballet 8 (Ages 16+): 9 classes per week - 4 Ballet, 2 Pointe or Men's Technique, Pas de Deux, Modern, Contemporary

**SPRING PERFORMANCE REQUIREMENTS** 1 class per week

### DRESS CODE

#### Ladies

Performance Tights: Capezio 9 Classical Pink  
Class Tights: Capezio 1916 Ballet Pink  
Shoes: Bloch S0258 leather  
Leotard and Skirt: ABT  
Ballet 1: Lilac (ABT 02L)  
Ballet 2: Magenta (ABT 02L)  
Ballet 3: Aqua (ABT 02L)  
(& Black if enrolled in Modern or Jazz) (ABT 02L)  
Ballet 4: China Blue (ABT 04)  
(& Black if enrolled in Modern or Jazz) (ABT 04)  
Ballet 5/6: Navy Motionware 2518 silkskyn, skirt 1236  
Ballet 7: Black Motionware 2518 silkskyn, skirt 1236  
Ballet 8: Plum Motionwear 2518 silkskyn, skirt 1236  
Pas de Deux: Black WearMoi Colombine  
You may order your uniform through [Dancer's World](http://www.dancersworld.com), or <http://us.firstposition.com/american-ballet-theatre>

#### Gentlemen Youth Sizes

Shoes: S1C White  
Dance Belt: WM131C  
Tights: HT112Y by Game Gear  
Shirt: 2620-White  
Socks: Fox River Wick Dry Coolmax Liner White Socks

#### Gentlemen Men's Sizes

Shoes: S1C White  
Dance Belt: WM131  
Tights: New Balance Men's Go 2 Tights  
Shirt: Under Armour Men's Tactical Heat Gear Compression Short Sleeve T-Shirt  
Socks: Fox River Wick Dry Coolmax Liner White Socks

Shoes and dance belt: [www.discountdance.com](http://www.discountdance.com)

Socks, tights, and shirts: [www.amazon.com](http://www.amazon.com)

## Adult Division

**ADULT BALLET** This class is ideal for the mature adult student who has had experience in ballet at a basic level. It provides a professional, comprehensive introduction to the art form.

### DRESS CODE

Exercise top, skirt, tights, leggings, or stretch pants, ballet slippers

# Enrichment Classes

**Beginning Modern (Ballet 1-2):** Introduction to the Horton modern dance technique. The technique emphasizes a whole body, anatomical approach to dance that includes flexibility, strength, and coordination. Classes are structured with instruction on body and spatial awareness to enable unrestricted, dramatic freedom of expression.

**Intermediate Modern (Ballet 3-4):** Continuation of the study of the Horton modern dance technique and foundational movement principles of the Martha Graham technique.

**Advanced Modern (Ballet 5-7):** Class curriculum is based in Horton and Graham modern dance techniques. Graham technique is based on the opposition between contraction and release with an emphasis on floor work, strength, and dynamics.

**Jazz (Ballet 3-4):** Class curriculum is based on ballet technique layered with traditional jazz movement and includes a proper warm-up, stretches, isolations, across-the-floor progressions, and combinations.

**Contemporary (Ballet 5-7):** Contemporary offers a diversified movement vocabulary, teaching the students a broader range of movement shapes, dynamics, and levels. Advanced students expand combination possibilities, focus on dynamics and levels, increase strength and stamina, and explore various modes of expression.

**Conditioning (Ballet 5-7) :** Exercises are drawn from Pilates and are aimed at developing core strength, and increasing range of motion and extension throughout the body.

**Pas de Deux (Ballet 5-7)** Students in Ballet 5 work on further developing their strength on pointe while gently introduced to working with a partner.

Students in Ballet 6/7 learn the partnering techniques of classical ballet.

**ALL STUDENTS MUST TAKE AT LEAST ONE BALLET CLASS AS A REQUIREMENT FOR MODERN, JAZZ, OR CONTEMPORARY.**

## DRESS CODE

### Modern/Contemporary & Conditioning:

Black uniform leotard (ABT011) for Ballet 1-4; black leotard, style of choice for Ballet 5-7, fitted T-shirt for boys (no logos), black bike shorts, bare feet for Modern & Conditioning, tan ballet shoes for Contemporary

**Jazz:** Black uniform leotard (ABT011), fitted T-shirt for boys (no logos), black jazz pants, tights, or bike shorts, black slip-on jazz shoes for all

## JUNIOR COMPANY/YOUTH COMPANY

The Christian Academy Dance Companies provides dedicated students the opportunity to work with renowned choreographers and instructors, learn and perform classical and contemporary works, and refine their artistic and technical abilities.

This dance dance ministry opportunity offers pre-professional training and performance opportunities to students of the highest commitment, who are pursuing a career in dance.

## CALENDAR

Ahavah Auditions

Saturday, August 5 (Ages 13+)

Saturday, August 19 (Ages 7-12)

Fall Semester Classes begin

Tuesday, September 5

Student Choreography Project

Sunday, October 22

Thanksgiving Holiday: No classes

Tuesday, November 21 - Friday, November 24

Ahavah Tech Week: No classes

Monday, November 27-Sunday, December 3

Ahavah Performances

Saturday, December 2 and Sunday, December 3

No Classes

Monday, December 4

Christmas Break

Tuesday, December 12-Monday, January 1

Classes Resume

Tuesday, January 2

Parent Observation Week

Monday, January 22- Saturday, January 27

## Spring Semester Begins

Saturday, January 27

February Break

Monday, February 19 - Sunday, February 25

Dancing and Desserts

TBD

Easter Break

Friday, March 30 - Sunday, April 1

Spring Break

Monday, April 9 - Sunday, April 15

Project Dance

Friday, April 21 - Sunday, April 23

Parent Observation Week and Evaluations

Monday, May 21 - Saturday, May 26

Memorial Day: No classes

Monday, May 28

Spring Performance: Dress Rehearsal at CAD

Thursday, June 7

Spring Performance: Dress Rehearsal at Theater

Saturday, June 9

Spring Performance

Sunday, June 10

Final Day of Spring Semester - Pending Snow Days

Saturday, June 16

**ITALICIZED DATES ARE TENTATIVE.  
CALENDAR SUBJECT TO CHANGE.**

## Tuition

Students who are registered for the Fall Semester are automatically enrolled in the Spring Semester so that they can maintain their place in class. Parents should notify the office if they do not wish to re-enroll.

Each Semester is 16 weeks.

| Number of Classes per Week | Yearly Fee (5% Discount) | Semester Fee |
|----------------------------|--------------------------|--------------|
| 1                          | 410.40                   | 216.00       |
| 2                          | 820.80                   | 432.00       |
| 3                          | 1,231.20                 | 648.00       |
| 4                          | 1,641.60                 | 864.00       |
| 5                          | 1,900.00                 | 1,000.00     |
| 6                          | 2,280.00                 | 1,200.00     |
| 7                          | 2,660.00                 | 1,400.00     |
| 8                          | 3,040.00                 | 1,600.00     |
| 9                          | 3,420.00                 | 1,800.00     |
| 10+                        | 3,800.00                 | 2,000.00     |

## GRADUATE RATES

Graduates (18+): Former CAD students have the option of purchasing a 10 class card at the discounted rate of \$125.00

## DROP-INS

Drop-ins are welcome for graduated students or new students! First class free for new students.